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COVID-19: We Need Each Other

By **DR. MICHELE DIKKERS**
Chair, Clayton County Board of Health

Human beings are social creatures. We are born an infant and become a person through our interactions with others. We crave and need to interact with others. It is our way of learning how to integrate into society, to learn how to communicate, how to fit in and survive.

Humans have an internal need to be part of a group, to learn from each other, help each other, comfort each other, care for each other.

When one is interviewed for medical school, nursing school, etc., one of the questions often asked is "Why do you want to go into medicine?"

Frequently the answer is "to help people". Students are advised that a more in depth or different answer may be more effective in making an impression on the interviewer. But when it comes down to it, that's why most of us do our jobs. Mechanics, chefs, housekeepers, teachers, construction workers, nurses, clergy...we all help people. We all want to help people. It is ingrained in us; it is part of who we are.

Being with people and socializing is a need. A deep desire. The human touch, the presence of others, of those we love can be therapeutic. We need people to survive.

So, yes, it is difficult to practice social distancing, to self-isolate or quarantine, to avoid group activities. We miss visiting our families and friends, especially when they are in the hospital, living centers and care facilities. They miss us. We miss them.

COVID-19 is not picky, anyone can come down with it, some can even have it, not have symptoms and pass it on to others. We do know that some can be at higher risk for complications and death. Those at highest risk are those with medical issues and the elderly, those in the hospital and care facilities.

Restrictions on visitors to the hospital and care facilities were not instituted lightly. We take the responsibility and privilege of caring for our and your loved ones very seriously. Like parents, we want to care for and protect them. By limiting or restricting visitors, we are attempting to keep illness outside of the building, away from the patients and away from those that are caring

for them, so they can remain healthy to do their job. We are also trying to keep illnesses from leaving the building. The challenge with COVID-19 is that it can come and go without notice. We know that one starts to be contagious 2 days prior to symptoms starting, and may not have symptoms at all, but still be contagious.

Restrictions on visitors is guided by the prevalence of illness in our community. Restrictions can be lifted when the infection rate decreases and the positivity rate drops. A goal for low transmission is a positivity rate of less than 5 percent. The positivity rate in Iowa has typically remained between 7 percent and 9 percent.

Decreasing the infection rate, the positivity rate, can be done by washing hands, social distancing and wearing masks when in public. Wearing is caring.

We are social creatures. We all want to beat COVID-19. And in order to do that we need each other. We need each of us to wear a mask and physically distance.

Let's all do what's right and take care of each other. We are in this together.

PUBLIC NOTICE

Northeast Iowa Community Action Corporation

JULY 27, 2020
TO ALL INTERESTED CONTRACTORS, SUB-CONTRACTORS, AND ANYONE WISHING TO BID ON THE CONSTRUCTION OF 3 HOMES LOCATED IN THE COMMUNITIES OF: MCGREGOR, DELWEIN AND TRIPOLI, IOWA.

The NEICAC Board of Directors has determined the project NEICAC Affordable Homes Phase X, part of Iowa Finance Authority's (IFA) Contract with NEICAC, will construct 3 affordable Energy Star rated homes. One in McGregor, one in Delweine and one in Tripoli in NE Iowa. The NEICAC Board of Directors has determined for contractors to be eligible to bid on this project they must attend the mandatory pre-development meeting.

The meeting will be held at the Northeast Iowa Community Action Corporation's Conference Room in the lower level of the Smith Building in Decorah, IA. The address is: 305 Mont-

gomery Street, Decorah, IA 52101. The meeting date and time is: Thursday, August 13, 2020 @ 6:00 PM. THIS IS EXPECTED TO BE THE ONLY MEETING FOR THE PROJECT!

Attendees will be subject to a questionnaire, and masks are required.

The mandatory meeting will cover the building specifications and Energy Star requirements that will create the affordable green homes. In an effort to avoid problems with contractor oversight or misunderstandings, attendance is mandatory for your bid to be considered for this project. A contractor can bid on one project site or they can bid on all but must be present to access the separate, single-family homes' plans, specifications and addresses. Bids will not be considered by non-participants. If you are not able to make it, you may send someone in your place to represent your company. Each contractor present will be given

the project's building specifications including the blue-prints, site plans, and the project addresses for each home. We are not required to accept the lowest bid on any project and may consider other information including but not limited to: completion date, references, past performance, past issues, etc. Questions will be answered and bidding forms will be handed out at the meeting to those contractors present. Contact Jeremy Jostand or NEICAC Housing at jostand@neicac.org or by calling (563) 387-4959 with any questions concerning the mandatory pre-development meeting in Decorah.

Best Regards,
Jeremy Jostand, CCAP, NCRT
Housing Director, NEICAC
(563) 382-8436 ext. 151
Published August 5, 2020 in
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MO: 1-1

PUBLIC NOTICE - City of Farmersburg

EARLY NOTICE AND PUBLIC REVIEW OF A PROPOSED ACTIVITY IN A 100-YEAR FLOODPLAIN OR WETLAND

Publication Date: August 5, 2020
This is to give notice that the City of Farmersburg has conducted an evaluation as required by Executive Order 11988 and/or 11990, in accordance with HUD regulations at 24 CFR 55.20 Subpart C Procedures for Making Determinations on Floodplain Management, to determine the potential effect that its activity in the floodplain and wetland will have on the human environment for a CDBG Lift Station and Force Main Project (#20-WS-010).

The project involves the construction of a new lift station and installation of a 6-inch force main that has the capacity to handle wet weather flows and eliminate the City's need to bypass. The project will

be funded with a combination of CDBG and DNR/SRF funds.

The project activities will occur at the existing lift station site and east along Park Drive to the existing wastewater treatment plant within the City limits of Farmersburg, Iowa, and will include less than 1 acre of floodplain.

There are three primary purposes for this notice. First, people who may be affected by activities in floodplains and those who have an interest in the protection of the natural environment should be given an opportunity to express their concerns and provide information about these areas. Second, an adequate public notice program can be an important public educational tool. The dissemination of information about floodplains can facilitate and enhance Federal efforts to reduce the risks associated with the occupancy and

modification of these special areas. Third, as a matter of fairness, when the Federal government determines it will participate in actions taking place in floodplains, it must inform those who may be put at greater or continued risk.

Written comments must be received by the City of Farmersburg at the following address on or before August 20, 2020. City of Farmersburg, 208 S. Main Street, PO Box 96, Farmersburg IA 52047. Attention: Heidi Landt, City Clerk. Comments may also be submitted, or further information can be requested, via email at cityoffarmersburg@yahoo.com. A full description of the project may also be reviewed at City Hall (address above) from on Fridays, 9:00 a.m. - 2:00 p.m.

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CITY OF MONONA - Special Council Meeting

CITY OF MONONA SPECIAL COUNCIL MEETING MONDAY, JULY 27, 2020 CITY HALL ~ 5:00 P.M.

The Monona, Iowa, City Council met in special session Monday, July 27, 2020 at 5:00 p.m. at City Hall. Mayor Eric Koenig presided with John Elledge, Heather Lange, Tim Wright, and Preston Landt present. Andrew Meyer was absent.

Guests Present: Rogeta Halvorson (MCED)
Open Meeting:
1) Approve Agenda
Moved by Lange, seconded by Wright to approve agenda. Carried Unanimously
2) Approve Updating 2019 REAP Grant and Submitting to REAP Board
In 2019 the city submitted a Resource

Enhancement and Protection (REAP) grant. The grant was for a proposed Rec Trail Extension from Gateway Park to the intersection of S. Main and Spruce street. The cost in 2019 was estimated at \$93,317. The REAP Grant amount requested by the city was \$75,000. We ranked 14th out of 26 submissions for populations under 2000. The REAP Grant paid out the top eight submission. City Administrator Collins checked into what it would take to resubmit the grant again this year. Engineer Jon Biederman, with Fehr-Graham, said he would be able to update the cost projection and concept map for around \$200. Paul Berland, executive director for Northeast Iowa RC&D, Inc. said they would be able to update the grant and have ready

for submission by Friday, July 31st for around \$500. City Administrator Collins also reminded the council that if the city were awarded money from the grant RC&D would receive another 2% of the award. After more discussion on what we should try to add or change in the grant it was moved by Lange, seconded by Landt to approve updating and resubmitting the 2019 REAP Grant. AYES-3, NAYS-1, Motion Carried.

There being no further business, Eric Koenig declared meeting adjourned at 5:22 p.m.
Barbara Collins, City Admin/Clerk
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THE IOWA DISTRICT COURT Clayton County

IN THE MATTER OF THE ESTATE OF SEVERNA A. COWELL, Deceased CASE NO. ESPR007304 NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

To All Persons Interested in the Estate of SEVERNA A. COWELL, Deceased, who died on or about June 14, 2020:

You are hereby notified that on July 28, 2020, the last will and testament of SEVERNA A. COWELL, deceased, bearing date of August 26, 2015, *Codicil, January 30, 2017, was admitted to probate in the above named court and that Linda L. Kettelkamp was appointed executor of the estate. Any action to set aside the will must be brought in the district court of said county within the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice to all heirs of the decedent and devisees under the will whose identities are reasonably ascertainable, or thereafter be forever

barred. Notice is further given that all persons indebted to the estate are requested to make immediate payment to the undersigned, and creditors having claims against the estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed by the later to occur of four months from the date of the second publication of this notice or one month from the date of mailing of this notice (unless otherwise allowed or paid) a claim is thereafter forever barred.

/s/ Linda L. Kettelkamp
Executor of estate
506 W. Iowa Street
P.O. Box 772
Monona, IA 52159
*Designate Codicil(s) if any, with date(s).
Gregory J. Schiller, ICIS#: 8401
Attorney for executor
Schiller Law Office
Published August 5, 12, 2020 in
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MO: 1-2

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PUBLIC NOTICE Clayton County

PUBLIC NOTICE
A public hearing has been scheduled for Tuesday, August 11, 2020 beginning at 10:30 AM. This hearing will be held at the Public Meeting Room at the Clayton County Office Building located at 600 Gunder Rd, Elkader, for the purpose of hearing the proposal to dispose of county held real estate known as parcel 42-10-205-002 and described as:

Lot 2, except Lot 1 of 2 and Lot 2 of 2, in the Northwest Quarter (NW ¼) of Northeast Quarter (NE ¼) of Section 10, Township 92 North, Range 6 West of the 5th P.M., Clayton County, Iowa.

All interested persons are invited to attend this meeting. Electronic participation can be obtained by contacting the Auditor's Office by phone at 563-245-1106 or by email at auditoroffice@claytoncounty-ia.gov.

/s/ Ray Peterson
Chairperson, Board of Supervisors
Published August 5, 2020 in
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MO: 1-1

PUBLIC NOTICE Clayton County

PUBLIC NOTICE
A public hearing has been scheduled for Tuesday, August 11, 2020 beginning at 10:30 AM. This hearing will be held at the Public Meeting Room at the Clayton County Office Building located at 600 Gunder Rd, Elkader, for the purpose of hearing the proposal to dispose of county held real estate known as parcel 36-12-302-049 and described as:

Wellmans Subdivision Lot 49 in the City of Monona, Clayton County, Iowa.

All interested persons are invited to attend this meeting. Electronic participation can be obtained by contacting the Auditor's Office by phone at 563-245-1106 or by email at auditoroffice@claytoncounty-ia.gov.

/s/ Ray Peterson
Chairperson, Board of Supervisors
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